

January 17, 2024

THE PIRATE POST Palencia Elementary School

MS. CATHERINE GOODRICH, PRINCIPAL MS. THERESA COOPER, ASSISTANT PRINCIPAL MS. COURTNEY JOHNSON, ASSISTANT PRINCIPAL

THE CAPTAIN'S LOG



UPCOMING EVENTS:

Wednesday, January 17: Report Cards

Monday, January 22: SAC Meeting @4:00pm

Thursday, January 25: Family Bingo Night @6:00pm PES Cafeteria

Saturday, February 3: Character Counts! 6K/3K Run @9:00am

> Wednesday, February 7: PTO Meeting @8:40am

Monday, February 12: SAC Meeting @4:00pm

Monday, February 19: Student/Teacher Holiday



Happy New Year, PES families!

I must reiterate how much young children bring me joy. Okay, for example, overhearing conversations between the students about this cold weather has been entertaining. Little ones who are native to Florida sometimes appear to be in a mild state of shock when arriving in the morning. Students who moved here recently from up north are casual and happy-go-lucky navigating temps in the 30s. Their pure interactions with each other, trying to understand their classmate's different experiences, can honestly be a model for us adults when we find ourselves struggling to take the perspective of one another. After over three decades working with children, I am still reminded to be intentional listening to and learning from little ones.

Report cards for the 2^{nd} nine weeks are available today. Remember to sign the report card envelope and return it to your child's teacher tomorrow. Your child benefits more than you know when you, as their parent and lifelong teacher, engage in goal setting / coaching / af-firming conversations about their success and progress in school.

Mark your calendars for the Kids Heart Challenge. We are excited to partner with the *American Heart Association* this year and bring our students new information and activities in place of our traditional Field Day. We will kick off our event with education and fundraising opportunities beginning Monday, January 29th and invite all Palencia Elementary students to participate in a large variety of challenge activities on Monday, February 12th. This will be a great way to celebrate *Heart Month* and be part of a *Legacy of Lifesavers*! Many volunteers will be needed to manage the different centers so be on the lookout for a Sign - Up Genius from PTO.

If you have not yet had a conference with your child's teacher, this halfway point is an excellent time to check in. Conferences can be held via phone, virtually, or in person. Simply check the box on the report card envelope if you would like to schedule something.

Together in Education, Catherine Goodrich Principal Palencia Elementary School (904) 547-4010

January 2024

FOR THE LOVE OF LITERACY

Celebrate Literacy Week



Listen for our mystery readers on the daily morning news! They will share short biographies of individuals who have overcome challenges!

JANUARY 22-26

LITERACY WEEK 2024

"Celebrate Literacy Week, Florida! is January 22- 26. Celebrate Literacy Week, Florida! is designed to raise awareness about the importance of reading and to inspire Florida's students and families to make reading part of their daily routines," reports the Florida Department of Education. Our own Palencia Pirates are so excited to build resiliency through reading this month!

LITERACY WEEK SCHEDULE OF EVENTS

Monday, January 22: Create a "shelfie" of a book character who inspired you!

Tuesday, January 23: Bring a book buddy (a small stuffed animal). Get comfy and read with a buddy today!

Wednesday, January 24: Read a book about someone who overcame a challenge.

Thursday, January 25: Let your inner "shelf" shine! Bring a flashlight to school and read a story with a flashlight!
Friday, January 26: Pirates "ARRRR" Readers! School-wide, PES Pirates will "Drop Everything and Read" together!

GOUNSELOR GORNER



Happy New Year!

I hope everyone had a memorable holiday. It was nice to come back and see all the smiling faces, hear about their holidays, and notice how tall everyone got in such a short timeframe.

During the third quarter, I will be teaching guidance to kindergarten and 2nd grade. It's been a lot of fun meeting everyone this year and cultivating relationships through class guidance. Although I work with many students individually, it's so nice to know that I have interacted with every child in the school. I' ve noticed more hellos and waves in the hall this year and I hope they have gone home and discussed their affirmations and how to stay safe with you. As always, please reach out to me if you have any questions or concerns.

Carly Gordon School Counselor

Is your child anxious?

One of my favorite emails each day is a freebie from Big Life Journal (biglifejournal.com). The company creates guided journals for kids and have a parent portal that helps with age-specific pintables and activities. If you are looking for some freebies and tips, make sure to sign up for their daily email. I highly recommend their journals for kids; the prompts encourage empathy, reflection and teach practical tools for tough situations. I have included one of the freebies this week- Tips on helping anxious children feel confident. Anxiety looks different on everyone but it's a real thing and we can all use some refreshers or tips to help us as parents.

How to Help Your Anxious Child Feel Confident

If your child struggles with anxiety, here's a practical tip to boost their confidence and ease their worries:

Create a Confidence Bead:

Sew a small bead into the bottom of your child's pocket and explain its purpose. Whenever they feel anxious, they can put their hand in their pocket, touch the bead, and quietly repeat a confidence mantra like, "I am strong, I am brave, I can do anything."

The Power of the Bead:

This bead becomes a source of safety and self-assurance for your child. When they feel anxious, they can rely on their confidence bead to bolster their spirits and give them extra strength throughout the day.

This tangible tool can provide comfort and a sense of empowerment, helping your child manage their anxiety and build confidence as they face their daily challenges.

As your child touches the bead, have them focus on how it feels. What is it feel like to squeeze the bead? Does it feel cold? Can they roll the bead between their fingers Can they alternate the fingers they use? These thoughts can help to ground your child during moments of feeling anxious in addition to repeating a mantra or calming thought.

Here are a few more thoughts your child can think about. They can repeat any of these mantras to themselves as they feel the bead between their fingers.

- ₭ "I am safe, and I am okay."
- ₭ "I can breathe, and everything will be fine."
- ₭ "I am strong, and I can handle this."
- ₭ "My feelings are temporary; they will pass."
- ₭ "I am in control of my thoughts and feelings."
- ₭ "I am capable of handling new situations."
- ₭ "I trust in myself and my abilities."
- ₭ "I can focus on my breath and relax."
- ₭ "I am free to be myself, and that is enough."
- ₭ "I let go of what I can't control."
- ₭ "I am resilient, and I can overcome challenges."
- ₭ "I am a good friend to myself."





Big life Journal



Congratulations to our Character Counts Citizenship Pillar Recipients from November

<u>Kindergarten</u>

Grayson G. Audray K. Khloe B. Nixon S. Harper C. Lennox Y. Aurora B. Acelyn J. Lela A. <u>Ist Grade</u> Braelynn T. Nyah H. Brody W. Greta B. Anna G. Jackson B.

2nd Grade

Eduardo A.R. Gael R. Isabella O. Ayla W. Lexi G. Carson S. Aryan S. Louis C. Wyatt W. Leyla G. Kian M.



Citizenship

Follow laws and respect authority. Strive for the well-being of your community. Protect the enviroment and participate in democracy.



Congratulations to our Character Counts Citizenship Pillar Recipients from November

<u> 3rd Grade</u>

Ariana H. Elias R. Kyra R. Remington V. Camden R. Adleigh W. Jayden D. Mia S. Jasmina J. Whitney D. Gino C.

<u>4th Grade</u>

Jaxon D. Decker C. Sydney B. Vincent G. Mackenzie C. Kalista K. Aviana D. William C. Brooks B. Luca B Alexa T.

<u>5th Grade</u>

Kirk R. Wyatt C Cardyn H. Amelia L. Declan M. Abby T. Cale D. Hudson T. Quinn N.

The Six Pillars of Character...





Happy New Year Pirates! A few reminders from your Front Office for the second half of our school year:

• Front Office Hours are 7:55 am to 3:45 pm

• Attendance matters! Missing a day of school here and there may not seem like much, but absences add up! When a student misses 2 days a month, they will miss 20 days a year. They will miss 30 hours of math and 60 hours of reading and writing over the school year. They will miss over 1 year of school by graduation.

• Absence Reporting: A written note or email is needed within 48 hours of returning to school stating the cause of the absence. You <u>do not need to call the school</u> to report this, but you may email the teacher to arrange for school work your child has missed. Our Attendance Form is located on the home page of the Palencia Elementary School website.

• Dismissal Changes: If your Pirate is going home a different way or leaving early please complete our Dismissal Change Form located on the home page of our website. We cannot accept phone calls for these changes. We do not send children to the Front Office until you have arrived and shown your Photo ID to staff. All Dismissal changes must be submitted by 2 pm (1 pm on Wednesdays).

• For the safety of students, children may not be checked out of school after 2:15 pm (1:15 pm on Wednesdays).

• Proper identification must be presented each time a person signs in at a school. The only forms of proper identification are the following:

- 1. Current state issued driver's license
- 2. Current state issued identification card (issued only by the DMV)

• We've upgraded! Our sign in kiosk in the front office will no longer have a keyboard option for typing in your information. You will only be able to sign in by scanning your driver's license. We are happy to help those of you who are not familiar with how to do this, we ask for your patience and cooperation.

• We are happy to accept forgotten water bottles, lunch boxes and other items your Pirate forgot at home. Please label items with student's name and teacher.

• Please label your student's items such as water bottles, lunch boxes, and jackets. We will return labeled items to students should they misplace them. If items are not labeled they are placed in our Lost and Found. At the end of the quarter all unclaimed items are donated.





Welcome back Pirates!

Happy New year to you all! I hope that you enjoyed your much deserved break! It has been brought to my attention that during drop off and pick up times there are multiple vehicles attempting to make a left turn out of the parking lot into the neighborhood. While I know that this is convenient and is where a large percentage of our students live, it is causing a jam in the parking lot therefore, prolonging drop off and pick up procedures.

Please adhere to the signage posted at the exit of the parking lot and be advised that left turns are prohibited during the following times:

Monday – Friday 8:00am -8:30am

Wednesday - 1:45pm-2:20pm

Monday - Friday 2:45pm- 3:20pm





Thank you all so much for your assistance in this matter! Always remember, the safety of our school is a collateral effort. My door is always open for any concerns you may have. Always remember if you see something say something. Have a great year Pirates!

Sailing safely,

Deputy Cicero



Palencia Elementary School

ONLINE ORDERING ONLY

BuyTheYearbook.com

Find your school or enter ID#: 717652

\$18.00

Until 4/30

ORDER YOUR YEARBOOK TODAY!

(Ordene su anuario hoy!

A limited number of yearbooks have been ordered and may not be available later, so please reserve your copy today. Se he pedido una cantidad limitada de anuarios y es posible que no estén disponibles más adelante, esí que reserve su copia hoy.

Nu cash, checks, or money orders will be accepted at the school. / "Pedidos or lince shipmentel to se eceptarán efectivo, obaques si glos posteles en la oscunta.

Online options available Cpclores online disponibles

> SHARE YOUR PHOTOS

> > Comparte tu Jolos





eonandia Photography | Printing | Publishing

On Wednesday, December 20th, fifth grade students participated in two engaging activity stations to celebrate the positive behavior and character they displayed during the second quarter. Students were able to select which activities they would like the participate in from the following options: competitive games, puzzles and games, arts and crafts, and slime making. The supplies needed for this celebration were generously donated by THE PLAY-ERS. Thank you to THE PLAYERS for their part in encouraging our students to display the Six Pillars of Character!

Jennifer A. Hughes

5th Grade Teacher

Palencia Elementary School



THE **V**PLAYERS^{*}

PROUDLY SUPPORTS





























CHARACTER COUNTS! In St. Johns COUNTS! County Ζ 6K 5 Ζ Т RUN • WALK -Saturday, February 3, 2024 9 A.M. Palencia Elementary School

Register by January 5, 2024, to receive a race t-shirt and other goodies from sponsoring businesses and community organizations!



PRESENTING SPONSOR REGISTER AT RACESMITH.COM



Rising 6th Grade Night

WEDNESDAY, FEBRUARY 21, 2024 5:30 PM- PBMS AUDITORIUM

Come see what middle school is really all about!

Here's a chance for incoming students and their families to visit PBMS and meet our admin, guidance, and dean teams; learn more about a day in the life of a 6th grader; and be introduced to the curriculum, sports, and clubs available at PBMS.





245 Meadowlark Lane St. Augustine, FL 32092

Main: (904) 547-8760

Pirates Need to Know...



.

How to Access the Family Portal The Family Portal provides a central location for your student's assessment results. The Family Portal can be used to access your student's results for FAST ø • Progress Monitoring testing. • access prior statewide assessment results print score reports. low can I access the Family Portal? At the Florida Statewide Assessments Portal: ast.org Or at the direct link: https://fl-familyportal.cambiumast.com/ What information do I need to log in to the Family Portal? Your student's unique 6-digit access code (found in HACunder the Registrationtab). Your student's date of birth Your student's first name as it appears on their official school record. What information can I find on Where do I get the Family Portal? the Access Code? · Your student's results from Fall 2020 through present The code can be found in Your student's Individual Student Reports with interpretative the Home Access Center (HAC) under the Registration tab. The code will be located on the right quides. Glossary FAQs side of the page under Additional Information Performance Levels Cambium Assessment Flørida

IMPORTANT WEBSITES AND LINKS

SJCSD website

https://www.stjohns.k12.fl.us

PES Website

http://www-pes.stjohns.k12.fl.us

PES PTO Website

http://palenciapiratespto.com

PES Attendance Policy

https://www.stjohns.k12.fl.us/student/ attendance/

PES Attendance Form

https://surveys.stjohns.k12.fl.us/





PES PTO LOVE AND APPRECIATE PES STAFF AND TEACHERS



Thursday, January 25th, 2024 6:00 pm to 7:30 pm, PES Cafeteria FREE to PLAY

With Captain Goodrich as our Bingo caller, bring your Pirate crew for a fun weeknight evening of Bingo with game prizes for our students. Bottled waters and cookies will be provided while supplies last



Your Donation Matters

Bountiful Sunday: Sunday January 21st ALL DAY PTO Meeting:

Wednesday, February 7th @8:40am





Art rocks > Birthdays rock > Music rocks Pirates Rock > Schools rock > Sports rock > Students rock > Teachers rock



OMC of ORLANDO MATH CIRCLE'S ST. AUGUSTINE

NEW OMC CHAPTER!

initiated by one of our high school students

WE WILL DO MATH OLYMPIAD PRACTICE

on the following dates

2023

orlando

September 30 from 1 PM to 3PM October 28th from 10 AM to 12 PM November 18th from 1 PM to 3 PM December 16th from 1 PM to 3 PM

January 27th Time TBD February 24th TIME TBD March 23rd TIME TBD

ST. AUGUSTINE LIBRARY -SOUTHEAST BRANCH

6670 US-1, St. Augustine, FL 32086

Contact matthew_j@orlandomathcricle.org for more information



THANK YOU TO OUR CORPORATE SPONSORS

PIRATE'S TREASURE LEVEL



CRAIG DEWHURST State Farm craigdewhurst.com



"A New Orleans Style Restaurant"

Hefe

SHACK

JOLLY ROGER LEVEL

